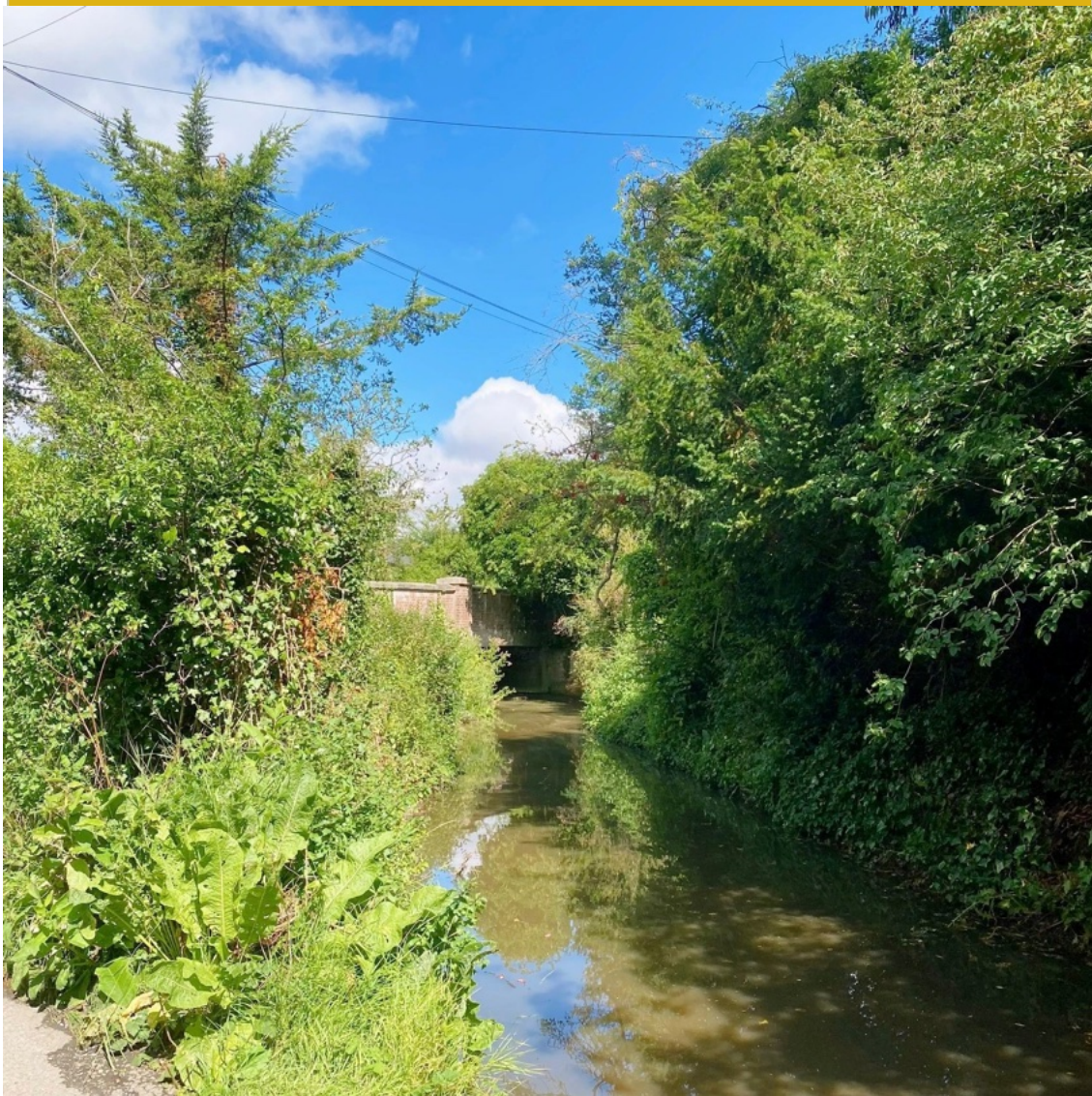


DEBENHAM PARISH MAGAZINE

75p

August 2025



Auctions

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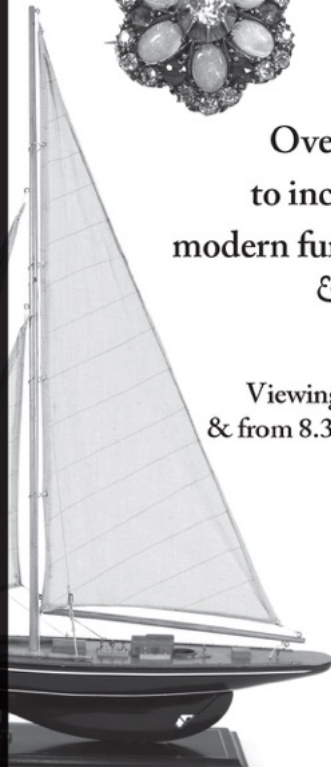


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FROM THE EDITOR

I didn't venture far for a photo for the cover this month. As the weather has changed and we have been blessed with some rain I thought I would assess the river level. Nothing to worry about there and the sun is shining again, - for the moment!

As the school summer holidays have just started, the weather forecast typically includes rain, but never mind there is the Book Quest to join to keep minds focused and entertained if it's wet outside. See the centre pages for how to join and also make a note of what's coming up.

Claudine was kind enough to share some writing once again, and this month I have included a piece about blackbirds during Covid. While our lives changed significantly during lockdowns and social distancing, nature carried on, probably to its benefit. We enjoy blackbirds too, at our kitchen window looking for food. There are two couples with some apparent rivalry. Both pairs are getting scruffier as the demands of parenthood wear them out.

Tony Hutt sent an article on Co Maps, which I hadn't heard of before, but sounds very useful. It can be found on p.23.

Next, a request: anyone who still owes their subscription money, please pay Bridget as soon as possible. The proceeds from the magazine support the Church, which very much needs the money right now to finance the new heating system. Fundraising is ongoing, with the recent coffee morning and a concert next month, see p.59. If you're busy and would rather make a donation, see the QR code on p.61.

Finally, after a month away, Lofty & Dave are back, and is there love in the air? Thank you Min!

Jan

DEBENHAM PARISH MAGAZINE

Editor & Business Advertising:

Jan Rutherford, 17 Chancery Lane Debenham, IP14 6RN
Tel 07711823309

Please send copy to: debenhammagazine@btinternet.com

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Tel 01728 861815 or email: richard.blackwell99@outlook.com

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(Tuesday 19th August for Business Advertising)

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Lofty and Dave by Min Marshall



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Wednesday 17 September 2025

7.30pm at Coopersfield, Aspall Road,
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Talk by Ed Berger on Herbs for Health



Wednesday 19 November 2025

7.30pm at Coopersfield, Aspall Road, Debenham

Talk by Jim Paine (formerly of Walnut Tree Garden Nursery) on
Closer to Nature – A Wilder Garden

Non-Members and Friends are very welcome to meetings

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Please contact Fiona Reid on 07799768037 or Ann Evans on 07857680877 if you
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Come to our stall on Saturday 2nd August from 9-11am with the Debenham Green Team outside the Lion pub, and talk to us about anything which needs a repair or can be reused.



Our next Workshops (10am-2pm) are:-

- Friday 12 September tbc
- Saturday 8 November Christmas crafts and cards

If you are interested in attending a workshop please contact crafts@debenhamshed.org.uk or one of the telephone numbers below.

Debenham Shed is at 2 Fields Farm, Low Road (IP14 6BJ). We are open on Monday mornings 9am-12pm, Fridays 10am-5pm and normally the second Saturday morning of each month. Membership by the year, half-year or PAYG. Chairman: Rob Davies 07952 556152 Treasurer: Tony Hutt 07906 614328. Visit our website at www.debenhamshed.org.uk (sign up to newsletters on the Contact page) Email info@debenhamshed.org.uk . Like our Facebook page at www.facebook.com/DebenhamShed. Registered Charity (CIO) 1212367. Donations from taxpayers can now be Gift Aided.

What is Debenham Shed? A place to make things by yourself, with guidance or with others. It could be in metal, cloth, wood or plastic. We have lots of tools and materials. You may want to repair or make new—the limit is your imagination. It is also for social connecting and friendship building, sharing skills and knowledge, and of course a lot of laughter. Debenham shed is open to all adults.

Thank you to everyone who bought plants and rhubarb from the stall on Cross Green. We have raised £180 which has been paid to the Waveney Food Bank.

Lucy Robbins



CHURCH HEATING APPEAL

The Coffee Morning on 19th July raised £793!

Thank you to all who baked, helped and bought!



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Forge Community Church

We meet in Debenham Sports and Leisure Centre every Sunday
at 10.30am during the summer holidays

August 2025: Summer Shorts

There is nothing quite like British summer time; parks are packed with picnics and flowers in bloom and the beaches are swarming with families. It's the perfect season to break out your shorts, head to the beach or pool, and finally dive into that book you've been meaning to read. There's something timeless about getting lost in a good story, and no one told them better than Jesus. It's true that good stories have always gripped people's imagination and Jesus was the master at telling a great story. They were short and to the point and more often than not, raised questions about life, about ourselves, about faith.

So for our summer series this year, we're going to be diving into five short stories of Jesus.

Week 1: The Sower

Week 2: The great BBQ (inc post service BBQ)

Week 3: The Prodigal

Week 4: The Talents

Week 5: The Treasure

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A promotional poster for JB Gill. It features a black and white photo of JB Gill smiling, wearing a jacket. The text on the poster includes: "JB Gill" in a large, stylized font; "FREE EVENT" in a white banner; "You've seen him as a star of the boy band JLS and caught glimpses of him on your favourite TV shows like Strictly Come Dancing, Songs of Praise, or the popular CBeebies show, Down on the Farm."; "Now we're delighted to invite you to experience JB live and in person at The Forge Community Church!"; "BOOK HERE" above a QR code; and "SUNDAY 7TH SEPTEMBER 9am & 11am* Debenham Community Centre Gracechurch St, IP14 6BL *Youth & Kids Programme Available".



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The 48th St Mary's Art Exhibition

The 48th St Mary's Art Exhibition was a successful event bringing together talented artists and an inspired community appreciating the wide range of paintings, ceramics, prints and cards. The opening night was a fantastic buzz of artists and public mingling together, with refreshments supplied by Aspoll Cyder and Earl Soham Brewery. A special mention for the melodic sounds of Open Night Crew entertaining everyone. It was a brilliant start to a wonderful event, which raised £5600 to support the fundraising for the much-needed replacement church heating system.

A special thank you must go to the ladies in Dove Cottage who provided ploughman's lunches, cakes and teas/coffees. The fare was delicious (which I can confirm) and I am sure Tripadvisor would give a 5 star rating!

The Exhibition Committee is very grateful for the many volunteers who helped across the three days and made the whole event run smoothly. We are overwhelmed by the many people who turned up and helped install (and then dismantled) the large painting display boards in very quick time.

I joined the Committee this year and am amazed at the professionalism, attention to detail and care needed to bring the exhibition together. The Committee received very positive and complimentary feedback from artists with many rating our Exhibition as one of the best to be involved in. We are always looking for new members to join the Committee and help us with organising the 49th Exhibition on 19-21 June next year. If you would like to join please email stmarysartex@gmail.com.

We are also looking ahead to the 50th Exhibition in June 2027. We would like to organise the event around inspiring art within the community. Do you have an idea on how to bring art and the community together then please let us know - email stmarysartex@gmail.com.

David Seccombe



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Debenham History Society - Lecture Season 2025/2026



Tuesday 2nd September 2025

Suffolk's Lost Heritage - Historic Buildings which have Disappeared over Past Centuries

Stephen Poulter continues his A-Z of vanished architectural gems using surviving period prints and the reports from travellers who visited the towns and villages during the past 400 years either for personal curiosity or in the process of compiling guidebooks for the increasing number of tourists who had leisure time along with cheaper and faster methods of transport at their disposal. **This session forms the annual Knowland Memorial Lecture and entry is free.**

Tuesday 14th October 2025

Scaffolds and Stage Devils: Medieval Drama in Bury St Edmunds and Beyond

It is easy to forget that England had a very rich tradition of plays and drama before Shakespeare came on the scene. And Suffolk had one of the richest traditions of all – Suffolk playgoers wanted plays to be big, bold, explosive and spectacular! **Dr Kate Jewell's** talk will explore how plays were put on, where they could be seen, what plays were about and how far people would walk to see one. Warning - you may hear a rude song in Latin and meet a stage devil or two...

Tuesday 4th November 2025

Lady Alice De Bryene of Acton

Between October 1412 & September 1413, Lady Alice De Bryene of Acton, a Suffolk Noblewoman, maintained a record of all food & drink consumed in her significant medieval household. Incredibly, the book survived, and **Pip Wright** will talk us through the records and detail what life was like for her and her visitors.

Tuesday 2nd December 2025

Beyond Hatches, Matches and Dispatches: Curious tales from Suffolk parish registers

Many people will be familiar with the entries of baptisms, marriages and deaths in parish registers. In some cases, however, the pages of Suffolk parish registers provide intriguing insights into our ancestors' lives beyond these records. In this talk, **Sarah Doig** reveals stories of spires collapsing, community celebrations and extreme weather conditions, as well as dipping into some of the tragic and humorous circumstances in which people lived and died.

January 2026: NO MEETING

Tuesday 3rd February 2026

The Sizewell C Coin Hoard

Alex Bliss, from Cotswold Archaeology Services tells how a coin hoard comprising 321 silver coins issued between 1036 and 1044, recovered from the Sizewell C (SZC) development area, gives us great insight into the English monetary and political landscapes of the 11th century.

More on p17

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Tuesday 3rd March 2026

The Castle on the Hill: Royalty, Religion, Pestilence & Poverty

Barbara McElroy takes us through the history of Framlingham Castle and its impact on the town through the ages.

Tuesday 14th April 2026

Mr Soane Came to Breakfast

How did 'Mr Bury St Edmunds' James Oakes persuade renowned architect Sir John Soane to design an extension to his home in Bury's Guildhall Street in 1788? Andrew Tindall's illustrated talk will describe this unlikely collaboration and show the evidence of it that survives today.

Tuesday 12th May 2026

Borley Rectory: The Most Haunted House in England

Bryan Thurlow brings to life the ghostly goings on at the Essex rectory, covering the period from the 1840s to the 1940s. In 1929 a national newspaper headline declared that the rectory at Borley, near Sudbury, was the most haunted house in England. This talk features the Reverend Smith, his wife, Mabel, and professional ghost investigator, Harry Price who is called in to investigate the paranormal problems they have been experiencing at the rectory. But is this so-called expert all he professes to be?

Tuesday 2nd June 2026

A-Z of bench end figures of Suffolk Churches

Robert Halliday has a long standing interest in Suffolk churches. He has recently been engaged in a personal project to study and photograph the wooden carved figures that can be found on benches, stalls and pews in these buildings. Some are of animals, some are of people going about their daily lives, some are of saints, demons or legendary beasts, but they are all fascinating, and often very amusing. In this fully illustrated talk, he plans to share some of the discoveries he has made across the county.

Tuesday 7th July 2026

Through the Keyhole: The Homes of William Morris

Fiona Rose examines how William Morris' design philosophy influenced, and was influenced by, his homes including Woodford Hall, Red House, Kelmscott Manor and Kelmscott House. (This talk was rescheduled from February 2025).

Location: The United Reformed Church, 21 Chancery Lane
Debenham, Suffolk IP14 6RN
Commencing : 7.30pm (unless otherwise listed)
Cost: £4 per session (unless otherwise advertised)

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Friends of Debenham Library

Suffolk
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Don't forget the two **free** events this summer, sponsored by the Friends. To ensure a place, book at the library or by phone or email (below).

Saturday 30 August at 2.30pm: a talk on marine biology for children, by local resident Andrew Donnelly. Adults may enjoy it too!

Saturday 13 September at 2pm: a storytelling event with Gerry Donlan (Bards Aloud). Tea and cakes will be available, and certificates for the Reading Quest will be given out to children.

Greetings Cards are for sale in the library at £2.50 each, in aid of Debenham Library. Stock up while they last!

Books, DVDs, WiFi, Computers, Printing/photocopying/scanning, CDs and audiobooks, downloadable films/music/audiobooks/ebooks, free reservations. The room is available for hire outside opening hours.

School Corner, Debenham IP14 6PL (next to the Primary School). Opening hours:

Tuesday: 0930 am – 1300 pm Wednesday : 1500 – 1930 pm

Saturday: 0900 am – 1300 pm Sunday: 1200 – 1600 pm

Tel: **01728 587102** Email: debenham.library@suffolklibraries.co.uk
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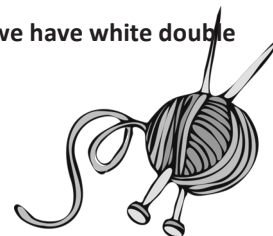
Calling All Knitters!

Are you able to knit white poppies, for a new display to be placed in St. Mary's Church?

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Completion needed by 5th October 2025.

From Ruth and the team



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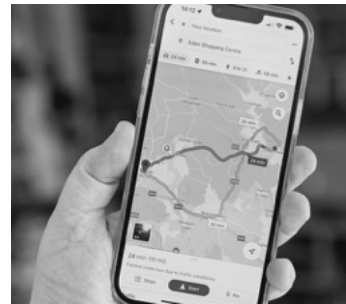
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Do you use Google Maps on your smartphone or other gadget? It's very useful, but it tracks your location (can be interesting, but also worrying) and can drain your battery quite a bit.

Why not try Comaps instead? Based on OpenStreetmap, it has the advantage that I've already added public footpaths and bridleways as well as permissive paths in Debenham parish, none of which appear on Google Maps.

Here are some other features. CoMaps is an open-source map app that's available for both Android and iOS. CoMaps features:

- Offline search and route planning (with or without a network connection)
- Less battery drain than Google Maps
- No identifying people, no tracking, and no data collection
- Free and no ads
- Voice-guided directions
- Access to offline Wikipedia articles and subway maps
- The ability to mark and save locations
- Support for exporting and importing data (to KML, KMZ, and GPX formats)
- A built-in map editor (which helps improve the OpenStreetMap data)



Have fun!

Magazine Subscription - A Gentle Reminder:

If you haven't paid your subscription for the year, payment would be much appreciated as I need to balance my books!



Thanks, Bridget

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The Trust welcomes applications from individuals for grants for Higher Education i.e. 18 years of age plus (but not for trips abroad) and also for trade apprenticeships. For example, the grants can be used for books, equipment, accommodation etc.

To be eligible for funding, individual applicants must be under 25 years of age on 30 November 2025; have attended Sir Robert Hitcham CEVA Primary School, Debenham for at least two years or reside in the civil parish of Debenham and be in need of financial assistance. Priority will be given to applicants living away from home. Multiple applications from an individual will not be supported. Funding is restricted to 3 or 4 years but may be subject to review in the future depending on the number of applications received and funds available. Should a successful applicant abandon the course for which a grant is awarded, such award should be refunded to the Trust on a pro rata basis, to be agreed with clerk and the trustees. Please contact the clerk for an application form via email to Mrs Zoe Hughes at zoeughes22@yahoo.com

Applications must be submitted to the clerk Mrs Zoe Hughes by 31 August 2025.

ASPALL STRAWBERRY TEA-SUNDAY 29th JUNE

Special thanks to Barry and Dale Chevallier Guild for kindly hosting the Aspall strawberry tea in their lovely walled garden. We were very fortunate to have a beautiful sunny afternoon for our annual event and were extremely grateful to all those people who gave up their time to erect gazebos which provided us with the much needed shade. As always we received a great deal of support from many people, including those baking scones, selling tickets, helping with teas, washing up, providing raffle prizes and running the very successful plant stall. Thank you also to the musicians and the Green Dragons Morris Dancers who did a splendid job in keeping us all entertained.

The very creditable sum of £1,613 was raised for Aspall Church funds.

Jean Ward





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BRIDGET'S
BUMPER JUMBLE
SALE
will be on
Saturday 20th
September

Jumble drop off at church from
4pm on the 19th September
Raising money for
St Mary's Heating Appeal

A Fabulous End of Term

As ever we have enjoyed a wonderful few weeks as a school community.



Year 11 Prom

The sun shone and the students sparkled as Year 11 had their Prom at Otley Hall on 19th June.

With an interesting range of transport choices from limousines to sport's cars; from tractors to motorbikes; from a miniature tractor and trailer to a ride on children's toy. The evening was spectacular. We certainly wish our Class of 2025 every success in the future.



Sport's Day

Sport's Day is one of the most enjoyable days in the school calendar – all the school are on the field cheering on their Houses. This year it was Curie that won.

A number of school records were beaten and so there was the chance to celebrate excellence. However the importance of participation and perseverance were also celebrated. Ava Farrington won the Simon Croft Award for her resilience and sportsmanship.



Jubilant Project



Debenham High School at Jubilant! – What We Sow
We are proud to share that we have once again contributed to the Jubilant! arts festival in Stowmarket – a partnership that has continued since the festival began. This year's project, What We Sow, brought together eleven Year 9 students and three Year 10 students for a journey into storytelling, history, and creativity.

This year our project was led by theatre-maker and storyteller Danny Braverman. Students explored the hidden stories behind treasured objects from their homes and were encouraged to think about family stories and how these are passed down the generations. Students worked with objects ranging from a model monkey to a toy dog to a Silver Jubilee plate from the 1970s to jewellery to photographs. Students used these objects to discover how their personal history and the history of their families can reflect wider historical moments. The project was inspired by Danny's 2016 show Wot? No Fish!!, which tells the story of his great-uncle's life through

decades of annotated wage packets. In working with Danny in a series of workshops, students learned to uncover meaning and memory in the everyday. The stories that students explored reminded us that history isn't confined to textbooks — it's woven through our families, communities, and belongings. The students performed to an audience of their parents and carers and students from Abbots Hall Primary School, Chilton Primary School and Stowmarket High School at the John Peel Centre on Friday 13th June. As part of the performance, audience members were encouraged to leave a message to the next generation on three saplings that have been gifted to us by Red Gables. The saplings will return to Red Gables to grow a little more and will then be brought back to be planted at the school next year – a lasting legacy of the project. We are incredibly proud of our students' creativity and commitment to this project and very grateful to Danny for his time and expertise. We were delighted to continue our involvement in the Jubilant! festival, sharing the voices and stories of our school with the wider community.

All Things MFL...

The Modern Foreign Languages Faculty have finished the year in style with the German Exchange; a Polyglot Conference for Year 7 and the Spanish GCSE group enjoying an afternoon of Tapas in Needham Market!

The MFL team have finished the year by taking a group of Year 8 students to Boulogne where they are planning



to experience French culture and food with visits to a chocolatier, boulangerie and a snail farm.

And finally...Activities

With Year 10 either on Work Experience or GCSE Residential Visits, Key Stage Three are ending the term with a range of activities. With trips to Pleasurewood Hills; the Dry Ski Slope; Alton Water; Planet Laser; Harry Potter Studios; Jimmy's Farm, t-shirt printing; Taskmaster and good old fashioned school sport, there is something for everyone.



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Debenham Day 'Party In The Park'

Debenham Day 'Party In The Park' in the recreation ground on 12th July was a fantastic success.

The gorgeous sunny weather arrived as requested (although I may have slightly over ordered on the actual heat).

With bouncy castle and face painting by Michelle for the kids, and food, drinks and essential ice cream available, I think we had everything covered! The bar was provided by The Debenham Lion.

Thank you so much to Peter & Sally Holmes for arranging the live music, the staging and for the loan of their mixing equipment and golf course, for their valuable time. Thanks also to all of the wonderful performers who gave their time and talent for free.

We appreciate all of our sponsors who enabled us to bring this to you, Debenham Antiques, Aspoll Cyder, Farthings Funeral Services and both the District & County Councils.

Special thanks to Cllr John Sweet, Richard Giffin and my long suffering husband Jason without whom I wouldn't have managed!

Katherine Barlow



EAST ANGLIAN TRADITIONAL MUSIC TRUST (EATMT)

EATMT has its office in Red Gables in Stowmarket. The Trust was established in the year 2000 and has been collecting and archiving East Anglian history told through music ever since. We run community projects, provide regular music workshops, publish a newsletter, commission and publish research and resources, provide concerts, lectures, workshops and other events for a variety of other organisations.

Our biggest presentation of the year is the Stowmarket Traditional Music Day, now in its third year. This is being held on 27th September in and around the town centre kicking off at 10.15 with an official opening. This will be followed by Morris, Molly and Step dancing around the town.

Our inside venues are the Library and Fox Yard, 11 Market Place, the British Legion and the John Peel Centre where you can find storytellers, jigdoll and step dance workshops, and performances by both well known and lesser known musicians and singers. Community events such as groups of local singers and choirs will be taking place in the very welcoming venue of the United Reform Church. Do take a wander round all our venues most of which are free entry to get an insight into the many aspects of our East Anglian treasures and heritage.

If you are in the town on Friday evening you can find the festivities warming up at The Royal William with a music session. From 12 noon onwards on Saturday there will be back to back music sessions taking place in the pub. Everyone welcome. The evening events in the John Peel Centre and British Legion are not free. There are also a few daytime events which are by ticket only including those in the Scouts Hall. A full programme will be available on our website nearer the time.



Traditional Music Day
2025
Saturday 27th September
Stowmarket, Suffolk

Nancy Kerr Macdara Yeates
Georgia Shackleton with Aaren Bennett
James Delarre & Saul Rose The Scan Tester Fan Club
Mossy Christian Belinda Kempster & Fran Foote The Medlars
Matt Quinn Steve Roud Katie Howson Dick Miles
Michael Sheehy & Alan Block The Harbour Inn Crowd
The Old Timers String Band Christopher Heppa Chris Holderness
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Concerts - Workshops - Talks - Music Sessions - Films - Exhibitions
Stepdancing - Song Sessions - Storytelling - Morris - Molly - Jigdoll

Many free events across the town
Ticketed day events £5 each or Day Ticket £15 to access all events
Evening tickets from £12.50

For more details:
www.eatmt.org.uk
tmd@eatmt.org.uk
07495 054669



The evening concert in the John Peel Centre features Nancy Kerr, Macdara Yeates, Georgia Shackleton, James Delarre & Saul Rose, The Medlars. MC. Mike Norris. The evening starts with a short Stepdance Showcase.

The British Legion will be welcoming singers and musicians to our evening Folk Club with guests Mossy Christian & Megan Wisdom, Matt Quinn and Belinda Kempster & Fran Foote. MC. Shirley Harry.

We are still looking for volunteer stewards please get in touch if you would like to assist on the day. Email info@eatmt.org.uk or look on our website for an application form www.eatmt.org.uk.

Jan Robinson
EATMT



Traditional Music Day
Saturday 27th September
Stowmarket
10.30am -11pm

Concerts ~ Workshops ~ Talks
Music Sessions ~ Films ~ Exhibitions
Stepdancing ~ Song Sessions
Storytelling ~ Morris & Molly ~ Jigdollis

Free events across the town

Day tickets to access all day events £15
Evening tickets from £12.50

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During 2024/25 we saw an evolving landscape of client engagement and the ongoing challenges faced by those seeking assistance, helping 4,051 clients and dealing with 21,495 issues for those clients.

The top 5 issues we handled were:

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- Utilities & communications (which includes energy)
- Debt
- Housing
- Financial services & capability

We remain committed to involving clients in shaping our priorities and ways of working and are deeply grateful to our dedicated team of staff and volunteers, whose compassion and commitment continue to make a meaningful difference on the lives of local people.

Looking ahead, we are particularly focused on reaching people who are not currently using our service, including those in more rural areas. We want to understand whether they know how to access support and what they believe our priorities should be.

If you would like to be a volunteer with Citizens Advice Mid Suffolk, either as an adviser, receptionist or trustee, then please email office@midsuffolkcab.org.uk. We'd like to hear from you.

Citizens Advice Mid Suffolk can provide in depth advice on this issue and much more, including debt, finances, employment, benefits and family/relationships. You can contact them by phone on 01449 676060, visit in person at Milton House, 5 Milton Road South, Stowmarket IP14 1EZ or use the contact form at midsuffolkcab.org.uk/contact-us. Opening hours are Monday-Thursday 9.30am – 3.30pm and Friday 9.30am – 12.30pm.

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Written by Claudine during Covid

Well hello, as Miranda would say. How are you this beautiful morn? Heard you about earlier, very tuneful, wish I had your voice or even a bare resemblance.

Strange times right now. Cannot remember when hearing from my family was more important. Hearing you also makes me happy. Wonder if you have the slightest inkling how difficult it is for humans, who naturally go about their daily lives, shopping, socialising in many ways, to find that every moment that they took for granted now revolves around avoiding another person. However special, distance is the name of the game, not much of a game that is sure. No need to bother whether you had a shower or cleaned your teeth, people not going to get near enough to be aware of the lack of. Do not rely on it.

Anyway, to more immediate matters. Feel so bad that we cut back the climbing rose over the Utility room window. How did I not think when Jon tidying up roses? You have meticulously built your splendid nests each year in that rose, and were in the Pent house suite last year. Remember the grandchildren the first year ogling you through the window and seeing little beaks protruding from your nest for food that you and your lovely Jose brought. You know we call him Jose as he has an exquisite voice and reminds me of Jose Carreras. Who is very special to our family, having had the same Leukaemia that Mike had. We saw Jose Carreras at the Royal Albert Hall, where Mike had tickets for the concert through the early part of his treatment sitting behind us. Our name for you incidentally is Kiri. After my favourite Australian singer.

When I have been in the garden recently I have realised that you have been just by me singing in such a calm way, this is so therapeutic in these times. Just to know that my Blackbirds will be there calming and proceeding with life whatever happens. They have to put up with winters of very cold wet weather, or summers of very hot dry weather, but survive. Nature has a way of compensating in an extraordinary way. If only we humans could learn from you all. You have bad years, with many chicks lost, but you get on with it and come back stronger, this is what we all have to do.



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Stowupland, Reeds Way	9.47am	1.47pm
Stowupland, Thorney Green	9.48am	1.48pm
Stowupland, Oxlip Way adj Celandine Close	9.50am	1.50pm
Stowupland, Oxlip Way adj Cranesbill Way	9.53am	1.53pm
Earl Stonham, Forward Green adj Blacksmith Lane	9.58am	1.58pm
Earl Stonham adj Ichiban	10.00am	2.00pm
Stonham Aspal adj Quiots Meadow	10.04am	2.04pm
Stonham Aspal opp Stonham Barns	10.05am	2.05pm
Pettaugh, Debenham Way	10.07am	2.07pm
Winston Green, Debenham Rd	10.10am	2.10pm
Debenham, High Street opp Cross Green	10.12am	2.12pm
Debenham, Gracechurch Street adj Henry Street	10.16am	2.16pm

Stowmarket Circular via Debenham Route Name: TB11 Thursday only

Debenham, Gracechurch St adj Henry Street	10.16am	2.16pm
Debenham, Low Road opp Vets	10.18am	2.18pm
Winston Green, Debenham Road	10.21am	2.21pm
Pettaugh opp Debenham Way	10.23am	2.23pm
Stonham Aspal, Stonham Barns	10.26am	2.26pm
Stonham Aspal opp Quiots Meadow	10.27am	2.27pm
Earl Stonham opp Ichiban	10.31am	2.31pm
Earl Stonham, Forward Green opp Blacksmith Lane	10.33am	2.33pm
Stowupland, Oxlip Way opp Celandine Close	10.37am	2.37pm
Stowupland, Oxlip Way opp Cranesbill Way	10.38am	2.38pm
Stowupland, B1115 opp Thorney Green Road	10.41am	2.41pm
Stowmarket, Mortimer Road opp Gun Cotton Way	10.43am	2.43pm
Stowmarket Town Centre	10.47am	2.47pm

Booking is advisable, at www.suffolktaxibus.com/stowmarket-circular-via-debenham. Book your seat for just £4. Funded and supported by Mid Suffolk District Council for two years.



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Greetings

I'm writing this on the Sunday after Trinity Sunday, but I didn't attend the service as I was with Junior Church.

Instead, I got fresh awareness from the young person we worked with. I hadn't really thought of the Trinity but God putting me in Junior Church opened my understanding.

Have you ever got your understanding from an unknown resource?

Thus, this led me to look in my bible, but there was very little there, so I googled it! As many of you will know, I found, God the Father, God the Son (Jesus Christ), and God the Holy Spirit, being central to Christian Doctrine.

God the Father was described as the Creator, sustainer of all things, often seen as the source of love and care for humanity.

God the Son, the incarnate Word, who came to earth as a human being, died for the sins of humanity and was resurrected.

God the Holy Spirit, is the active presence and power of God in the world, guiding and empowering believers.

Then I remembered a book I had read called 'The Shack' by William P Young, on the theme of faith, loss and reconciliation. The main character was a father whose daughter was murdered and his journey of faith and healing. In a dream he met The Trinity and how they took him on a journey to resolution of grief.

So back to the Bible for me to explore and I found more answers in Mark, Luke, John and Acts. All were there when the disciples last saw Jesus. In John, Jesus said 'Peace be with you', He mentioned 'The Father', and the 'Holy Spirit', and again in Acts.

The Holy Trinity to be sent out to us as Christians to spread the WORD to all we meet and for it to be spread around the world.

Amen to that.

Linda Baxter (Elder at Stowmarket URC)

URC Services

Sunday 3rd August	Mr Steve Horrex (Communion service)	10:45 am
Sunday 10th August	Mr Steve Dennis	10:45 am
Sunday 17th August	Mrs Nicola Glasse (Series)	10:45 am
Sunday 24th August	Mr David Atkins	10:45 am
Sunday 31st August	Mr Johnny Huggins (series)	10:45 am

All services followed by refreshments and chat

**Drop In Coffee Morning Tuesday 8:30 & 11:00 during term time and
between 10:00-11:00 All other times**

**Friends & Neighbours 2:00pm 1st Thursday of the month
with Veda Berriman**

**Cakes & Choruses 3:00pm last Sunday of the month
Bring your friends to this really popular cake and praise celebration!**

URC Points of Contact

Minister	Rev Robert Sheard	01449 678173
Secretary	Mr Laurence Kelway	07583014887
Treasurer	Mr David Oldfield	01728 768775
Social Secretary	Mrs Jean Rodwell	01728 861065

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Sunday 3rd August from 9.30am



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Please consider giving to your local church on a regular basis.

One interesting way of being able to give to the church, either on a regular or one off basis, is to use the Parish Giving Scheme which is available on-line and is very easy to use.

The system is very secure and enables you to set up a regular (monthly / quarterly / annual) donation to Debenham church and is covered by the direct debit guarantee. If you are a UK tax-payer, then Gift Aid can be set up to automatically be added to your donation.

The website is found at: www.parishgiving.org.uk (or use below QR code)

Once you have found the web page, simply follow the below steps to donate:

Find Your Parish

Enter postcode

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If this is your first visit to the site, you will need to register (a simple process) first.

The 'Parish Code' that is required is: **330633441**

Once registered, you can log in and complete the donation form on-line. You will get an email to confirm the details you have set up to make a regular donation.

Please consider this simple way of giving to St. Mary's, Debenham and ensuring that it can continue delivering the support and wellbeing to our wonderful community. Thank you.



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Hi everyone,

Well Summer certainly arrived at last – Perhaps even a little too hot for some and a bit too dry for others - but definitely the weather for fetes and outdoor events. And so, it was for our Annual Garden Party – A wonderful event in a glorious setting hosted by Lyn and Mike at the Limes. A coming together as friends and families to celebrate another year in which the Project continued to fulfil its vision – A vision of providing the sort of care and support that can really make a difference for local families living with the impact of dementia on their lives. A huge thank you goes to all who have made it possible.

August brings another traditional summer event – The “Day Trip to Felixstowe Hut” - Beach, Sea View, Paddling, Ice Cream, Fish and Chips - What more could one ask for? All down to Joy Walton’s amazing organising and her team of volunteers and drivers. A huge thank you goes to all who have made it possible.

Living in Suffolk we all know that the “Village Fete” is the highlight of the year – A “must do” event when rural communities spend an afternoon meeting their friends, playing silly games, and cheering on their children. In the Project, although we are there for anyone, not only in Debenham, but also in all of the surrounding area – From Grundisburgh in the South, to Thorndon to the North, From Earl Soham in the East, and to Stonham Aspal in the West - we know that there are many families living with dementia beyond the “Debenham Boundary” who do not know of the help we can offer. Which is why Carol Garrett and Sally Holmes have organised volunteers to staff stalls at as many local fetes as possible just to give the message “Talk to us, we are here to help”. A huge thank you goes to all who have made it possible.

Finally, thank you to all who attended Carol Wood’s memorial service. We loved her dearly and hold her family in our thoughts and prayers.

Very best wishes, Lynden

Lynden.jackson@the-debenham-project.orguk ; 01728 862003

Debenham Parish Council

PLANNING
AWARDS 2020
HIGHLY
COMMENDED

APPLICATION FOR LISTED BUILDING CONSENT - DC/25/02769. Replacement of 3no. windows and window repairs. Location: Kiln Cottage, 8 Low Road, Debenham, Stowmarket Suffolk IP14 6QU.

APPLICATION FOR PLANNING PERMISSION - DC/25/02506 and APPLICATION FOR LISTED BUILDING CONSENT - DC/25/02507 Underpinning the gable end of the rear outbuilding following the removal of the contaminated soils and the dismantling and reconstruction of a small section of the southern boundary wall to enable the removal of the remaining contamination from this second area. Location: 3 High Street, Debenham, Stowmarket, Suffolk IP14 6QL.

APPLICATION FOR PLANNING PERMISSION - DC/24/04567. Erection of 2 No. agricultural buildings for free range chicken production with associated infrastructure Location: Kenton Hall, Debenham Road, Kenton, Stowmarket Suffolk IP14 6JU.

APPLICATION FOR PLANNING PERMISSION - DC/25/00440. Construction of a one-and-a-half-storey extension (following demolition of modern lean-to); Construction of new garage/cart lodge; Upgrading the energy efficiency of the existing house including raising the roof of the existing dwelling; Implementation of flood protection measures to the existing house; Enhancements to the front garden porch to incorporate flood protection. Location: 11 Water Lane, Debenham, Stowmarket, Suffolk IP14 6QB.

APPLICATION FOR WORKS TO TREES IN CONSERVATION AREA DC/25/03024. T1 - Horse Chestnut - Reduce height by 3m, radial reduction by 1m to shape T2 - Yew - smaller of two yew trees near house, reduction as per previous time to approx. 2.1m. Required for buildings insurance purposes. Location: 8 Gracechurch Street, Debenham, Stowmarket, Suffolk IP14 6RA.

APPLICATION FOR PLANNING PERMISSION - DC/25/02429. Replace 3 no. windows, replace conservatory, enlarge internal glazed screen, enlarge internal door opening. Location: 2 Aspall Road, Debenham, Stowmarket, Suffolk IP14 6QA.

The next Parish Council meeting will be held on Monday 15th September 2025 at 7pm (Dove Cottage).

Contact: Brian Mansfield, Parish Clerk, Debenham Parish Council
Email: parish.clerk@debenhamparishcouncil.org
Website: <https://debenham.onesuffolk.net/>

**Last Night of the Proms
Concert/ Singalong**

**Friday 12th September – 7pm onwards
Debenham Church**



**Join this Community event with a mixture of singing
and eclectic music. There will be refreshments on
arrival with donations.**

**To raise funds for the new heating
system in St Mary Magdalene Church**

Alison Payne 07724 878605.

Benefice Church Services

August 2025

Sunday 3rd	8.00am	Aspall	Holy Communion
	9.30am	Debenham	family@church
Sunday 10th	8.00am	Kenton	Holy Communion
	9.30am	Debenham	Holy Communion
		Winston	Morning Prayer
	11.00am	Helmingham	Holy Communion
Sunday 17th		Framsden	Morning Prayer
	8.00am	Aspall	Holy Communion
	9.30am	Debenham	Holy Communion
		Framsden	Morning Prayer
	11.00am	Pettaugh	Holy Communion
		Kenton	Morning Prayer
Sunday 24th	6.30pm	Winston	Evening Prayer
	9.30am	Debenham	Holy Communion
	11.00am	Winston	Holy Communion
		Pettaugh	Morning Prayer
Sunday 31st	10.00am	Framsden	Benefice Communion



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2 Clover Court, Debenham, IP14 6SG, or you can donate by using the QR code.



Thank you so much.

Reflection by Rev'd Keith Rengert



August can be a strange month, one of course as a child I enjoyed immensely as it was the only month of the year when there was no school at all.

When I became an adult, I found it boring as so much that I enjoyed stopped specifically the church choir I sung in paused and although members were free to robe up and sing if they wished it was never of the same standard as in term time.

Now, as an older adult I recognise the need we all have to rest and I fear that the modern technological world impedes this. Which of us whilst on holiday have not heard a fellow holiday maker clearly on a work call by the swimming pool or dealing with emails on the beach. Perhaps you've even been known to do this yourself, I know I have.

We have hit the perfect storm of seeing ourselves as indispensable at the same time as the technology exists to make us always contactable.

We have an inbuilt necessity to rest and ignoring this does and will lead to consequences. It is not weak to stop and rest, we are told in the Bible that even God rested at the end of the creation story in Genesis.

Whether you believe that story is literally true or not none of us are exempted from the need to take it easy and that must include switching off our devices particularly when we are actually on holiday. It might be a slight to our egos but, we are not that important. It may also do those that we work with a great service if we are not always contactable, how many problems end up sorting themselves out when there is a space left for this to happen in our absence?

I hope you have a restful summer.

Rev' Keith



Ministry Team

Tel 07990 959593

Rector Rev'd Susan Taylor revsusantaylor@icloud.com

Chaplain Debenham High School

Associate Priest Debenham & Helmingham Benefice

Rev'd Keith Rengert revdkeith@gmail.com

Reader Veda Berriman r.berriman111@btinternet.com

01728 861363

Churchwardens

Debenham

Sheila Blackwell sheila.blackwell@icloud.com 01728 861815

Betty Connors bettyconnors@outlook.com 01728 860513

Helmingham

Mark Trevitt mail@wheelertrevitt.co.uk 01473 890568

Melvyn Blower melvynblower@gmail.com 07368296509

Aspall

Andrew Ward 01728 860343

Framsden

Christine Schofield christine@cpwpost.com 01728 684076

Kenton

Vic Woodgate vicwoodgate@winterbrook.co.uk 01728 861118

Pettaugh

Sheila Janson s.janson@btinternet.com 01473 890883

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